## London International Convention Itinerary Friday 2<sup>nd</sup> of May - Sunday 4<sup>th</sup> of May 2025 Note: this year's convention is held across two venues



|             | FRIDAY                            | FRIDAY                            |  |  |  |
|-------------|-----------------------------------|-----------------------------------|--|--|--|
| <u>Time</u> | 12th Floor, Tower Hotel           | 12th Floor, Tower Hotel           |  |  |  |
|             | <u>Discovery Room</u>             | Britannia Room                    |  |  |  |
|             | Come & Go Topic Meeting           |                                   |  |  |  |
| 40.00       | Della Beffestions                 | Information I was a with a sum of |  |  |  |
| 18.00       | Daily Reflections                 | Informal welcome with a cuppa     |  |  |  |
|             |                                   | and enjoy the fantastic views     |  |  |  |
| 19.00       | Into Action                       |                                   |  |  |  |
|             |                                   | AA speaker meeting                |  |  |  |
| 20.00       | We Agnostics                      | & share back                      |  |  |  |
|             |                                   | 19.00 til it ends                 |  |  |  |
| 21.00       | Spiritual Experiance              |                                   |  |  |  |
|             | ·                                 |                                   |  |  |  |
| 22.00       | Turning our will & our lives over |                                   |  |  |  |
|             |                                   |                                   |  |  |  |
| 23.00       | The Keys of the Kingdom           |                                   |  |  |  |
| _5.00       |                                   |                                   |  |  |  |
|             |                                   |                                   |  |  |  |

|                | SATURDAY   |                               | SATURDAY                       | SATURDAY                  |                       | SATURDAY              |         | SATURI               | DAY      |
|----------------|--|-------------------------------|--------------------------------|---------------------------|-----------------------|-----------------------|---------|----------------------|----------|
| <u>Time</u>    | Trinity Suite 650 seats                            | Bartholomew & Harpley Suite   | Beaumont Room 60 seats         | Sidney Room 60 seats      | Prescot Room 45 seats | Garrick Room 12 seats | Foyer B |                      | Room TBC |
| 0.20           | BSL (British Sign Language)                        | <u>120 seats</u>              |                                | Come & Go from 10am       | Come & Go from 10am   |                       |         |                      |          |
| 1              |  |                               |                                | Come & Go Hom Toam        | Come & Go Hom Idam    |                       |         |                      |          |
| 1              | interpreter present and central section of seating |                               |                                | Letting go of old ideas   | Step 1                | 10am                  |         |                      | 10am     |
| 1              | has hearing loop system                            |                               | NEW COMERS                     |                           |                       |                       |         |                      |          |
| 10.30          |  |                               | 10.00 - 11.00                  |                           |                       |                       |         | Meet                 | _        |
| 10.45<br>11.00 | AA Platform Meeting 4 Speakers                     |                               |                                | First step into AA        | Step 2                | _ A                   | Α       | Trustees<br>Informal | В        |
| 11.00          | 10.30 - 12.00                                      |                               |                                | FIIST STEP IIITO AA       | step 2                | L                     | R       | Chat                 | G        |
| 11.30          |  |                               |                                |                           |                       | -                     |         |                      | _        |
| 11.45          |  | AL ANON                       | GUIDED                         |                           |                       | A                     | С       |                      | В        |
| 12.00          |  | 10.00 - 13.15                 | MEDITATION                     | Acceptance                | Step 3                | _                     |         |                      | 0        |
| 12.15<br>12.30 |  | -                             | 11.15 - 12.15                  | -                         |                       | Т                     | Н       |                      | О<br>К   |
| 12.45          | Unity in Diversity                                 |                               |                                | -                         |                       | E                     | 1       |                      | K        |
| 13.00          | 12.30 - 13.30                                      |                               |                                | There is a solution       | Step 4                | · ·                   |         |                      | S        |
| 13.15          |  |                               | Carrying our message           |                           |                       | E                     | V       |                      | T        |
| 13.30          |  |                               | Tradition 5                    |                           |                       |                       |         |                      | U        |
| 13.45          |  | -                             | 12.45 - 14.45                  | 0 1 1 1                   | 0                     | N                     | E       |                      | D        |
| 14.00<br>14.15 |  | Path Through The              |                                | Came to believe           | Step 5                |                       | s       | Meet<br>Trustees     | Υ        |
| 14.13          | AA Platform Meeting                                | Programme Pt.1                |                                |                           |                       |                       | 3       | Informal             | G        |
| 14.45          | 4 Speakers with                                    | 13.30 - 18.30                 |                                |                           |                       |                       |         | chat                 | R        |
| 15.00          | Al-Anon Participation                              |                               |                                | Service                   | Step's 6 & 7          |                       | &       |                      | 0        |
| 15.15          | 14.00 - 15.30                                      |                               |                                |                           |                       |                       |         |                      | U        |
| 15.30          |  | -                             | Vauna Danana                   |                           |                       |                       | c       |                      | Р        |
| 15.45<br>16.00 |  |                               | Young Persons<br>15.00 - 18.00 | Sponsorship/Give it       | Step 8 & 9            | -                     | S       |                      |          |
| 16.15          |  |                               | 15.00 - 16.00                  | away to keep it           | Step 6 & 5            |                       | Е       |                      |          |
| 16.30          |  |                               |                                | ,,                        |                       |                       |         |                      |          |
| 16.45          |  |                               |                                |                           |                       |                       | R       |                      |          |
| 17.00          | Platform Meeting                                   |                               |                                | How it works              | Step 10               |                       |         |                      |          |
| 17.15<br>17.30 | 4 Speakers<br>16.30 - 18.00                        |                               |                                |                           |                       |                       | V       |                      |          |
| 17.30          | 16.30 - 18.00                                      |                               |                                |                           |                       |                       | 1       |                      |          |
| 18.00          |  |                               |                                | You are no longer alone   | Step 11               |                       |         |                      |          |
| 18.15          |  |                               |                                |                           |                       |                       | С       |                      |          |
| 18.30          |  |                               |                                |                           |                       |                       |         |                      |          |
| 18.45          |  |                               | LGBTQ+                         | Defeats and shortcoreings | Cton 13               | -                     | Е       |                      |          |
| 19.00<br>19.15 |  |                               | 18.15 - 19.45                  | Defects and shortcomings  | Step 12               |                       |         |                      |          |
| 19.30          |  | AlAnon                        |                                |                           |                       |                       | D       |                      |          |
| 19.45          | LIVE   | 19.00 to 21.30                |                                |                           |                       |                       |         |                      |          |
| 20.00          | DJ   |                               |                                | Forgivness                |                       |                       | E       |                      |          |
| 20.15          | FROM 7PM   |                               |                                |                           |                       |                       |         |                      |          |
| 20.30<br>20.45 |  |                               | INTERNATIONAL<br>MEETING       |                           |                       |                       | S       |                      |          |
| 21.00          |  |                               | 20.00 - 21.00                  | Personal inventory        |                       |                       | K       |                      |          |
| 21.15          |  |                               | 23.33 22.00                    |                           |                       |                       |         |                      |          |
| 21.30          |  |                               |                                |                           |                       |                       | S       |                      |          |
| 21.45          |  |                               | GUIDED MEDITATION              |                           |                       |                       |         |                      |          |
| 22.00          |  | AA Lote Nii-bi                | 21.15 - 22.15                  | Recovery                  |                       |                       |         |                      |          |
| 22.15<br>22.30 |  | AA Late Night Speaker Meeting |                                |                           |                       |                       |         |                      |          |
| 23.00          |  | 22.30 - 23.30                 |                                | Prayer and meditation     |                       |                       |         |                      |          |
| 23.30          |  |                               | Quiet Meditation               | .,                        |                       |                       |         |                      |          |
| 0.00           |  |                               |                                |                           |                       |                       |         |                      |          |

| SUNDAY   |                                     | SUNDAY                       | SUNDAY                             |                       | SUNDAY                |         | SUNDA             | (        |
|--|-------------------------------------|------------------------------|------------------------------------|-----------------------|-----------------------|---------|-------------------|----------|
| Trinity Suite 650 seats  BSL Interpreter and hearing           | Bartholomew & Harpley Suite         | Beaumont Room 60 seats       | Sidney Room 60 seats               | Prescot Room 45 seats | Garrick Room 12 seats | Foyer B |                   | Room TBC |
| BSL Interpreter and hearing loop in central section of seating | 120 seats                           |                              |                                    |                       |                       |         |                   |          |
| 9.00   |                                     |                              | Come & Go from 10am                | Come & Go from 10am   |                       |         |                   |          |
| 9.15 Step 11 Platform Meeting                                  |                                     |                              |                                    |                       |                       |         |                   |          |
| 9.30 09.00 - 10.00   |                                     |                              |                                    | Newcomers Meeting     |                       |         |                   |          |
| 9.45   |                                     |                              | Cumandan                           | 09.15 - 10.00         | 10000                 |         |                   | 10       |
| 10.00  | +                                   | Guided Meditation            | Surrender                          | Step's 1, 2 & 3       | 10am                  |         |                   | 10am     |
| 10.45  |                                     | 10.00 - 10.50                |                                    |                       | A                     | Α       |                   | В        |
| 11.00 AA Platform Meeting                                      |                                     |                              | Living one day at a time           | Step's 4 & 5          |                       |         |                   | I        |
| 11.15 with 4 Speakers  |                                     | Carrying our message         |                                    |                       | L                     | R       | Meet              | G        |
| 11.30<br>11.45 10.30 - 12.00                                   | AL ANON                             | Tradition 5<br>11.00 - 13.00 |                                    |                       | A                     | С       | Trustees informal | В        |
| 12.00  | 10.00 - 13.00                       | 11.00 - 13.00                | Норе                               | Step's 6 & 7          | _ ^                   | C       | chat              | 0        |
| 12.15  |                                     |                              |                                    |                       | Т                     | н       |                   | 0        |
| 12.30  |                                     |                              |                                    |                       |                       |         |                   | K        |
| 12.45 Unity in Diversity                                       |                                     |                              | Attraction VI- December            | Charle O.C.O.         | _ E                   | 1       |                   | -        |
| 13.00 12.30 - 13.30<br>13.15                                   |                                     |                              | Attraction V's Promotion           | Step's 8 & 9          | E                     | V       |                   | S<br>T   |
| 13.13  |                                     |                              |                                    |                       | `                     | •       |                   | Ü        |
| 13.45  | I                                   |                              |                                    |                       | N                     | Е       |                   | D        |
| 14.00  |                                     |                              | Admitted we were                   | Step 10               |                       |         |                   | Υ        |
| 14.15 AA International   | Path Through The                    |                              | Powerless                          |                       |                       | S       |                   | 6        |
| 14.30 Platform Meeting 14.45 4 Speakers                        | Programme Pt.2<br>13.15 - 18.00     |                              |                                    |                       |                       |         |                   | G<br>R   |
| 15.00 14.00 - 15.30  | 13.13 10.00                         | YOUNG                        | A Vision for You                   | Step 11               | 1                     | &       |                   | 0        |
| 15.15  |                                     | PERSONS                      |                                    |                       |                       |         |                   | U        |
| 15.30  | _                                   | 13.15 - 16.15                |                                    |                       |                       |         |                   | Р        |
| 15.45  |                                     |                              | Life have adverse                  | Share 42              | -                     | S       |                   |          |
| 16.00<br>16.15   |                                     |                              | Life beyond your<br>Wildest Dreams | Step 12               |                       | E       |                   |          |
| 16.30  | 1                                   |                              | Windest Breams                     |                       |                       | _       |                   |          |
| 16.45 AA Platform Meeting                                      |                                     |                              |                                    |                       |                       | R       |                   |          |
| 17.00 with Al-Anon, 4 Speakers                                 |                                     | LGBTQ+                       | Promises                           |                       |                       |         |                   |          |
| 17.15 Inc. Big Countdown 17.30 & The Raffle                    |                                     | 16.30 - 18.00                |                                    |                       |                       | V       |                   |          |
| 17.45 16.30 - 18.30  |                                     |                              |                                    |                       |                       | 1       | -                 |          |
| 18.00  |                                     |                              | Working with Others                | _                     |                       |         |                   |          |
| 18.15  |                                     |                              |                                    |                       |                       | С       |                   |          |
| 18.30  |                                     |                              |                                    |                       |                       | _       |                   |          |
| 18.45<br>19.00   |                                     |                              | Making Amends                      |                       |                       | E       |                   |          |
| 19.15  |                                     |                              | I WIGNING ATTICITUS                |                       |                       |         |                   |          |
| 19.30  |                                     | GUIDED MEDITATION            |                                    |                       |                       | D       |                   |          |
| 19.45  |                                     | 19.00 - 20.00                |                                    |                       |                       |         |                   |          |
| 20.00  | A A Consolver Montin -              |                              | Gratitude                          |                       |                       | E       |                   |          |
| 20.15<br>20.30   | AA Speaker Meeting<br>20.00 - 21.30 |                              | _                                  |                       |                       | S       |                   |          |
| 20.45  | 20.00 21.30                         |                              |                                    |                       |                       | 3       |                   |          |
| 21.00  |                                     | Quiet Meditation             | Learning to Love                   |                       |                       | К       |                   |          |
| 21.15  |                                     |                              | Ourselves                          |                       |                       |         |                   |          |
| 21.30  |                                     |                              |                                    |                       |                       | S       |                   |          |
| 21.45<br>22.00   |                                     |                              | People we have Harmed              | _                     |                       |         |                   |          |
| 22.15  |                                     |                              | . copic we have named              |                       |                       |         |                   |          |
| 22.30  |                                     |                              |                                    |                       |                       |         |                   |          |
| 23.00  |                                     |                              | Emotional Sobriety                 |                       |                       |         |                   |          |
| 23.30  |                                     |                              |                                    |                       |                       |         |                   |          |
| 0.00   |                                     |                              |                                    |                       |                       |         |                   |          |